

Global Programs



Vision Statement

Providence Global Programs enhances global health equity by partnering with local health systems and Mission-aligned NGOs, creating opportunities for our caregivers to serve, mentor, and learn.

We do this in three critical ways:

- 1) We **provide leadership as a voice in Catholic healthcare** to promote global health equity and health systems resiliency.
- 2) We **engage our clinical and non-clinical caregivers** to be deeply connected to the Mission by participating in sustainable partner initiatives
- 3) We **invest in locally driven programs** to improve global health infrastructure

Through profound subsidiarity, Providence Global Programs partners where called to improve health for vulnerable communities around the world, following in the footsteps and honoring the legacies of the Sisters of Providence and the Sisters of St. Joseph.

Values Guidance

As signatories to the [Brocher declaration](#), along with our Catholic sister organizations CHA, CMMB, Bon Secours, Ascension and others, Providence Global Programs holds fast to the following principles as underpinnings to all of our global partnerships:

- 1) Mutual partnership with bidirectional input and learning
- 2) Empowered host country and community define needs and activities
- 3) **Sustainable programs and capacity building**
- 4) Compliance with applicable laws, ethical standards, and code of conduct
- 5) Humility, cultural sensitivity, and respect for all involved
- 6) Accountability for actions

Global Partnerships with Service Component



Clinical Training and Infrastructure: Public-Private Partnership in Malawi

US faculty support and bi-directional family medicine residency rotation since 2017-25 US residents, 10 Malawian ([Video](#))

Infrastructure support to MOH- Skills lab, supplies, midwifery clinic

Point-of-care ultrasound program-
5 devices, Training of Trainers

WASH projects at 4 Catholic clinics

*Over 5000 hours of teaching and mentoring, 600 learners directly trained in primary care

Clinical Tele-Mentorship: World Telehealth Initiative

Physicians, ARNP's and RN's needed across many medical specialties

One hour per month commitment for remote mentorship (teaching and/or bedside consultation)

Serve clinicians around the world in low resource health systems

[Promo Video](#)

*To date, Providence doctors have provided more than 207 tele-mentorship sessions.

Digital Mentorship: Global Mentorship Initiative

Support an underserved college student to prepare for the job market

Curriculum and materials are provided to volunteers

14-week commitment (one hour prep and one hour session)

*In 2023, Providence volunteers provided 705 hours of mentorship to 43 students around the world



Global Health Infrastructure Support



Dignified Housing-Esperanza International

Support for safe, dignified housing for vulnerable families on the US-Mexico Border in Tijuana

International service work connects us to the hopes of our dear neighbor in caring for their families.

Site visits focus on human rights and solidarity with the human dignity of vulnerable people living on the border

Sisters of Providence have been in relationship with Esperanza since the early 2000s

Providence has supported the development of an entire community (Lomas del Valle)- *21/72 homes so far

*Since 2009, over 570 caregivers have volunteered 1580 days of their time



Food Insecurity-Buena Semilla

Support for economic development and food insecurity through Buena Semilla

Food security programming focused on animal husbandry, agricultural support, economic stability, protein enriched flour.

Program represents full circle of community support from planting seeds to employing community members to donating products back to vulnerable families.

*From Global Programs funding, over 280 families have an active chicken coop, more than 25 communities have access to fresh eggs, 100 families producing vegetables for themselves, the schools and for sale. More than 2500 children served (15 schools)





Examples of ACE Inhibitors

- Enalapril
- Captopril

Side Effects

HISTORY

- Dry cough
- Headache
- Dizziness
- Angioedema
- Fatigue
- Loss of taste

Exam

- Hypotension
- Hyperkalemia
- Leukopenia



Side effects

- Headache
- Bradycardia
- Exercise Intolerance
- Gastrointestinal upset
- Erectile dysfunction

① Thiazide diuretics; HCTZ
↓ Na, ↓ K, ↓ Mg
↑ Ca, ↑ Glucose, ↑ FA
• Muscle weakness, fatigue, heart palpitations, constipation

② Loop diuretics, Furosemide
↓ K, ↓ Mg, ↓ Na (moderate)
↑ Glucose, alkalosis

③ K⁺ Sparing
↑ K⁺

• Amlodipine → Headache
• Nifedipine → Peripheral edema
MCA: Cause Peripheral arterial vasodilation
② Nondihydropyridines Side Effects
• Verapamil → Bradycardia
• Diltiazem → AV block
→ Gingival hyperplasia
→ Constipation
MCA: Cause myocardial depression

Coronary artery disease
→ Pre-excitation conduction disorders
→ Sudden cardiac death
→ Aortic dissection syndrome

Thank You!!

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